Croup Activities are held on Monday, Wednesday, and Friday—Reservations required. Exercise classes are held on Tuesday, Wednesday, and Thursday—Reservations required. Masks, Face Shields, or Face Coverings (must cover mouth and nose) are REQUIRED! Temperature Checks are completed with an infrared thermometer for each attendee.	Mon	Tue	Wed	Thu	Fri
Exercise classes are held on Tuesday, Wednesday, and Thursday—Reservations required. Masks, Face Shields, or Face Coverings (must cover mouth and nose) are REQUIRED! Temperature Checks are completed with an infrared thermometer for each attendee.		1			
A little Chit Chat   10:00-10:15   Eye Health Information 10:00-10:45   10:15-11:00   10:00-10:45   10:15 - 10:30 am	Exercise classes are h Masks, Face Shields				
10:00-10:15   mation 10:00-10:45   10:15-11:00   10:00-10:45   10:15 - 10:30am	4	5	6	7	8
In-Person & Virtual Bingo 10:15-11:15	A little Chit Chat	Eye Health Infor-	Zumba with Celeste	Word Search Puzzle	This Day in History
Exercise   10:45-	10:00-10:15	mation 10:00-10:45	10:15-11:00	10:00-10:45	10:15 – 10:30am
Bingo 10:15-11:15	In-Person & Virtual	Arthritis Foundation	Brain Teasers	Arthritis Foundation	It's Your Health Take
11:45   10:45-11:45   10:30am -11:30am     11					
A Little Chit Chat 10:00-10:15  In-Person & Virtual Bingo 10:15-11:15  Rathritis Foundation Exercise 10:45-  10:00-10:45  In-Person & Virtual Bingo 10:15-11:15  Rathritis Foundation Exercise 10:45-  In-Person & Virtual Bingo 10:15-11:15  Rathritis Foundation Exercise 10:45-  Rathritis Foundation Exercise 10:45-  Rathritis Foundation Exercise 10:00-10:45  Rathritis Foundation Exercise 10:00-10:45  Rathritis Foundation Exercise 10:15-11:00  Rathritis Foundation Exercise 10:15-11:00  Rathritis Foundation Exercise 10:15-11:00  Rathritis Foundation Exercise 10:45- 10:00-10:45  Rathritis Foundation Exercise 10:45- 10:15-11:00  Rathritis Foundation Exercise 10:45- 10:15-11:00  Rathritis Foundation Exercise 10:45- 10:00-10:45  Rathritis Foundation Exercise 10:45- Rathritis Foundation Exercise 1					_
10:00-10:15	11	12	13	14	15
In-Person & Virtual Bingo 10:15-11:15	A Little Chit Chat	Word Search Puzzles	Name That Tune	Brain Teasers	
Bingo 10:15-11:15	10:00-10:15	10:00-10:45	10:15-11:00	10:00-10:45	10:00-10:45
HOLIDAY OFFICE CLOSED         Brain Teasers 10:00-10:45         Winter Time Craft 10:30-11:30         Word Search Puzzles 10:00-10:45         Brain Teasers 10:00-10:45           Arthritis Foundation Exercise 10:45-11:45         Zumba with Celeste 10:15-11:00         Arthritis Foundation Exercise 10:45- 11:45         National Bath Safety Month-Tips to Stay Safe1 0:45-11:45           25 A Little Chit Chat 10:00-10:15         Word Search Puzzles 10:00-10:45         Zumba with Celeste 10:15-11:00         Trivia Time 10:00-10:45         Clients Choice Word Puzzles, Cards and More!           In-Person & Virtual Bingo 10:15-11:15         Arthritis Foundation Exercise 10:45-         Brain Teasers 11:00-12:00         Arthritis Foundation Exercise 10:45-         10:00-an-12:00pm					
HOLIDAY OFFICE CLOSED         10:00-10:45         10:30-11:30         10:00-10:45         10:00-10:45           Arthritis Foundation Exercise 10:45-11:45         Zumba with Celeste 10:15-11:00         Arthritis Foundation Exercise 10:45- Month-Tips to Stay Safe1 0:45-11:45           25         26         27         28         29           A Little Chit Chat 10:00-10:15         Word Search Puzzles 10:15-11:00         Trivia Time 10:00-10:45         Clients Choice Word Puzzles, Cards and More!           In-Person & Virtual Bingo 10:15-11:15         Arthritis Foundation Exercise 10:45-         Brain Teasers Arthritis Foundation Exercise 10:45-         10:00-12:00	18	19	20	21	22
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25 A Little Chit Chat Word Search Puzzles Zumba with Celeste 10:00-10:15 10:00-10:45 10:15-11:00 10:00-10:45 Word Puzzles, Cards and More!  In-Person & Virtual Bingo 10:15-11:15 Exercise 10:45- 11:00-12:00 Exercise 10:45-			10:15-11:00		1
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In-Person & Virtual Arthritis Foundation Brain Teasers Arthritis Foundation Exercise 10:45- 11:00-12:00 Exercise 10:45-	10:00-10:15	10:00-10:45	10:15-11:00	10:00-10:45	·
Bingo 10:15-11:15   Exercise 10:45-   11:00-12:00   Exercise 10:45-	In Darson & Virtual	Arthritia Foundation	Brain Teasors	Arthritia Foundation	
					10.00am-12.00pm
111.45	Dingo 10.13-11.13	11:45	11.00-12.00	11:45	

Calhoun County
Council on Aging
803-874-1270
Modified Center Hours:
10:00am to 12:00pm

Staff available 8:00am to 4:00pm, Monday through Friday

Group Activities:
Limited Capacity of 15
and Reservations are

and Reservations are REQUIRED for Monday, Wednesday, and Friday attendance.

Arthritis Foundations and Zumba Fitness Classes are limited to EIGHT people.

Call Elizabeth Rhaney, Activity Coordinator, to secure your reservation for activities.

Weekly activity booklets will continue!

